

Basic Bass Exercises

The Spider (strings 3-4)

Up

1 3 2 4 3 1 4 2 1 3 2 4 3 1 4 2

1 3 2 4 3 1 4 2 2 4 3 5 2 3 3 5 6 3 4 4 6 7 4 5

5

5 7 6 8 7 5 8 6 6 8 7 9 8 6 9 7 7 9 8 10 9 7 10 8 8 10 9 11 10 8 11 9

Down

9

4 2 3 1 2 4 1 3 4 2 3 1 2 4 1 3

11 9 10 8 11 10 10 8 9 7 10 9 9 7 8 6 9 8 8 6 7 5 8 7

13

7 5 6 4 7 6 6 4 5 3 6 5 5 3 4 2 5 4 4 2 3 1 4 3



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Basic Bass Exercises

The Spider (strings 2-3)

Up

1 3 2 4 3 1 4 2 1 3 2 4 3 1 4 2

4/4

T
B

5

5

Down

9 4 2 3 1 2 4 1 3 4 2 3 1 2 4 1 3

11 10 9 8 10 9 8 7 9 8 7 6 8 8 7 6 5 9 8 7 6 5 11 10 10 8 9 7 9 7 6 8 8 6 5 7

13

7 6 5 4 6 5 4 3 5 4 3 2 4 4 3 2 1 7 5 4 6 6 4 3 5 4 4 2 1 4 3



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Basic Bass Exercises

The Spider (strings 1-2)

Up

1 3 2 4 3 1 4 2 1 3 2 4 3 1 4 2

T
A
B

5

7 8 5 6 8 9 6 7 9 10 7 8 10 11 8 9

Down

4 2 3 1 2 4 1 3 4 2 3 1 2 4 1 3

9

11 10 9 8 10 9 8 7 9 8 7 6 8 7 6 5 7

13

7 6 5 4 6 5 4 3 5 4 3 2 4 3 2 1 4 3



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